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Utah Substance Abuse and Anti-Violence Coordinating Council

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Meeting Minutes

Utah Prevention Advisory Council

Wednesday, November 15, 2006
11:00 a.m. – 1:00 p.m.
Department of Human Services – Room 304



Members Present: Nora B Stephens, Verne C Larsen, Steve Harrison, Peggy Hill, Julie Spindler, Tricia Winder, Susannah Burt, Connie Kitchens, Brenda Ahlemann, Stacy Eddings, Edward Ho, Noreen Heid, Bonnie Athas, Liz Sollis (for Marie Christman), Doug Murakami, Ray Wahl, Abbie Paxman, Heather Borski, Tibby Milne, Craig PoVey, Jerry Bond

Visitors: Melanie Sorensen, Emily Barker

Staff: Mary Lou Emerson, Monica Taylor

Agenda Item: Call to Order

Verne Larsen called the meeting to order and introductions were made.

- **Approval of Minutes of September 27, 2006 Meeting**

Motion: Ray Wahl made a motion to approve the meeting minutes of the September 27, 2006 meeting. The motion was seconded by Heather Borski and passed unanimously.

Agenda Item: SIG-E Project Presentation – Utah Valley State College

Melanie Sorensen reported that the Wellness Education Department at UVSC does a lot of things with substance abuse, as well as general health promotion on campus. UVSC is very unique inasmuch as they do not have any resident housing on campus, and they have a very large LDS population. Some of the things they focus on are education and training for students, faculty, and staff on what to do when they encounter students who are suffering with any type of substance abuse. They have gone through a company called Rescue Productions, based out of California, which does anti-substance abuse and anti-violence prevention advertising for different agencies. Working with them they have created brochures and posters. One of the things they offer is a smoking cessation program called "Break Free," and they have all been trained by the American Lung Association. They also have the BASICS program, which is an alcohol intervention program, and they advertise for Quit Net. All of their brochures, posters, etc, look the same; this was done on purpose so they are related to Wellness Education and so that people know it is the substance abuse program. One other very effective thing they have done is attend different department meetings on campus and hand out what they call a resource kit that makes faculty and staff aware of the policies and education they have on campus. They have just hired a web designer for their website (www.uvsc.edu/wellnessed) to make it more appealing. They also have e-CHUG on their website, where students can take an online alcohol assessment free of charge. Emily Barker reported that they have spoken with the LDS Institute to market programs and resources and have sent home letters to parents of freshman students, informing them of services that are available. They have also done a Campus Readiness Survey that indicated they have only a vague awareness of campus problems, which is why they are focusing on awareness.

Agenda Item: UPAC's Role in the Utah Strategic Prevention Framework State Incentive Grant

Craig PoVey provided a PowerPoint presentation that gave a general overview of what the SPF SIG grant is all about and the role of UPAC as the grant advisory body. Some of the things that UPAC will be involved in are

the statewide needs assessment, strategic prevention plan, expanding partnerships, evidence-based prevention, and the education of policy makers.

Agenda Item: Utah Methamphetamine Joint Task Force Update

Verne Larsen reported that methamphetamine prevention across the lifespan is being addressed in the Meth Task Force Prevention Subcommittee. Verne reviewed the "Substance Abuse (Meth) Prevention Across the Lifespan" document that was presented at the Meth Task Force meeting the previous day. What they are trying to do with this document is identify what prevention services are available across the lifespan, as well as any gaps in services. He also reported that when you look at the people who use meth, one hundred percent of them started with alcohol back in their early teens. Verne said that the Subcommittee tried to get the Meth Task Force to understand that when you implement strategies such as the underage drinking media campaign to prevent alcohol use, it will also help prevent meth and other drug use later in life.

Agenda Item: UPAC Priorities

- **Discussion** – The Council discussed the proposed 2006-07 UPAC Priorities and changed the "Social Host Laws/Sanctions Legislation" priority to read "Legislative Issues/Environmental", which would include social host laws, drug-free zones, etc. They also added "IOM Classification" (universal, selective, indicated) to the "Prevention Across the Lifespan" priority. One other priority that was added to the list was "Promote/Publicize Prevention". The priority to "Sustain Community-based Prevention" was deleted because the members determined it was included under "Prevention Across the Lifespan/IOM Classification". Also taken off the list was the "Strategic Prevention Framework State Incentive Grant (SPF SIG)" because the Council felt it was a given and that they would be working on this whether it was a priority or not.
- **Prioritization (vote with dots)** – The Council members ranked the priorities. Based on the number of votes, the first priority was determined to be "Prevention Across the Lifespan/IOM Classification" and the second priority was "Legislative Issues/Environmental". These two issues will be the focus of the UPAC's work during the coming year.

Agenda Item: Member Commitment Form

Verne Larsen reviewed the UPAC Member Commitment Form with the Council. Mary Lou Emerson explained that those who want to be voting members of the Council would need to sign and return the form; those who would like to attend, but who don't care about voting, would not need to complete the form.

- **Proposed 2007 Meeting Schedule** – Verne Larsen called the members' attention to the 2007 Meeting Schedule in their packets and asked them to make a note of the upcoming meetings on their calendars.

Agenda Item: Next Meeting

The next UPAC Advisory Council Meeting is scheduled for Wednesday, January 24, 2007, from 11:00 a.m. to 1:00 p.m., at the Department of Human Services in rooms 224-228.